

Cultivate Strength Project: Culinary Arts

| Define Objective: Define the concept or skill that you would like to learn | | | | |
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| Discovery: skill practice | Identify valuable information to help you succeed with your | | | |
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Skill Practice:

| Food Item | To Whom Served | Hours Spent | # Served | Cost |
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| Evaluate: What did you learn while you practiced? What do you want to remember for your next attempt? |
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| Share what you have learned with others: Decide how you will share your new skills and insights with others. Some things to consider are: creating music, writing a poem or story, craft projects or other art form can be exhibited at your county fair, provide a demonstration or presentation to your family or peers. |
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