



## Focus: Might

### Needle and Yarn Arts – Loom Knitting

#### Level 4

#### **Define Objective:**

Learn how to use create the following stitches on a knitting loom: double knitting stitch, Knit/purl stitches, loop stitch. Understand the techniques of felting, changing colors and gauge. Complete one of the following projects to demonstrate the skills mentioned above.

- Visor Cap
- Ear Flap Hat
- Fingerless Mitts
- Blanket Poncho
- Double Knit scarf with Irish Lass Beret
- Cork screw scarf
- Adult socks or Infant Socks
- Checker Flag Scarf
- Cozy Quilt
- Felted Fedora
- Felted Wallet Belt
- Felted Slippers
- It's a Wrap Sweater

*(Patterns for creating these items with the Knitting Wheel looms are available from Leisure Arts, "More Knitting Wheel Fashions" by Kathy Norris)*

#### **Discovery:**

The following techniques will help you achieve a high quality product:

- Be careful to not wrap the yarn too tightly around the loom. Pull the yarn from the skein and keep a small pile of yarn in your lap to prevent the yarn from being pulled too tightly.
- Select appropriate weight of yarn for the project.
- When holding two or more strands of yarn together, treat them as one strand.
- Tangling can occur when working with multiple colors of yarn. Keep the skeins of each color in separate containers (freezer bags) to keep yarns from tangling.
- After taking the bottom loop over the top loop, push the remaining loop to the bottom of the peg to lengthen the distance between the loop and the next loop to be wrapped.
- Use the proper number of threads at one time as indicated on the pattern.

- Count rows and stitches carefully to obtain the right size pieces.
- Tie yarn ends together with a square knot when adding new colors.
- Weave all loose ends back into the project when finished knitting.
- Binding off: Pull gently on the yarn to keep the bind off loops firm. If the loops are too loose, adjust the bind off loops gently and take up the slack while working with the yarn.

**Skill Practice:**

Items Made	Time Spent	Money Spent and Materials Used

**Evaluate:** *What did you learn while you practiced? What do you want to remember for your next attempt?*

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**Share what you have learned with others:** *Decide how you will share your new skills and insights with others. Some things to consider are: craft projects or other art form can be exhibited at your county fair, provide a demonstration or presentation to your family or peers.*

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