



Sewing Patterns – Level 2

Torn Apron

Skills learned during this project:

Selecting fabric
Tearing fabric on grain
Sewing a straight seam
Clean finishes
Pressing
Making a casing

Machine hem
Pockets,
Notching/clipping,
Under-stitching,
Making a draw string

Discovery:

The following techniques will help you achieve a high quality product:

- Select a fabric that launders easily and well. A plain or printed cotton fabric will probably be best. (36" wide fabric is enough to make the apron. If you choose 45" fabric you can trim off the extra or have a fuller apron.)
- Wash fabric before you cut out any pieces
- Follow instructions for measuring and tearing the fabric on the grain line.
- Thread your machine with matching thread
- Follow the instructions to make your project

Instructions - Torn Apron

Materials Needed:

1 yard of 36" - 45" fabric
Matching Thread

Step 1: Straighten the fabric then measure two strips, one 19 inches long and the other 11 inches long.

Step 2: Measure 19" along the selvage. Make a 1/4 inch clip with your scissors and tear the fabric crosswise from selvage to selvage. Measure again 11 inches along the selvage and tear this piece cross wise.

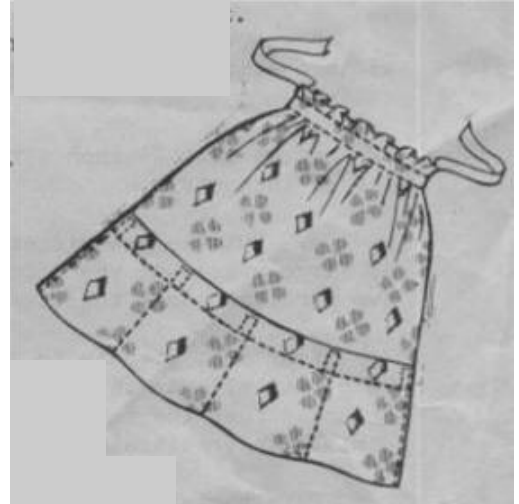
Step 3: You should have 6-8" of fabric left. Fold this piece and set it aside.

Step 4: Press both the 19-inch and 11-inch pieces on lengthwise thread or "grain" to straighten out the ripples. Do not stretch or pull.

Step 5: On the 11-inch strip. Sew 1/4" inch from torn edge through single thickness of fabric. Create a clean finish on this edge by folding at line of stitching towards wrong side of fabric. Stitch close to the folded edge.

Step 6: Turn the clean finish edge to make a 2-inch hem. Press hem. Stitch hem by machine. (This is the top of the pockets).

Step 7: Fold this piece, right sides together and selvages together. Press so there is a crease in the center. Now open piece flat. Pick up one selvage edge and bring it to the center fold. Press a crease. Repeat on other side.



You should now have 3 creases with 4 equal sections.

Step 8: On the 19-inch strip: Stitch the same as before, 1/4" from torn edge. Clean finish this edge and create a 2 1/2" hem instead of a 2" hem. This becomes the top of your apron.

Step 9: Put another row of stitching half-way through the width of this hem. This is 1 1/4" from the edge of the hem. This will form a casing.

Step 10: Press this 19" strip and crease 4 equal sections—same as you did for the 11" strip.

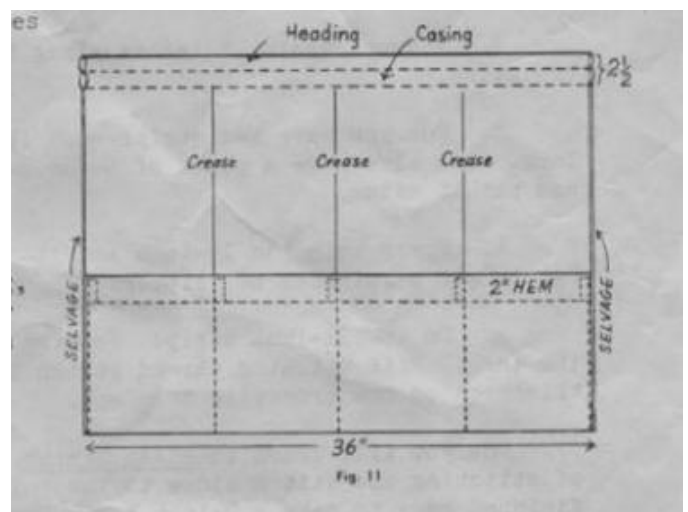
Step 11: Put the two pieces together—right side of small piece to wrong side of large piece—so the bottom of the two torn edges come together.

Stitch the two straight edges together 1/2 inch from torn edges. Check crease to crease.

Step 12: Your next step is to under-stitch. To do this, open pieces out and turn both seam allowances toward the large piece. On wrong side of large piece, stitch across the bottom of apron close to seam line through 3 thicknesses of cloth. Under-stitching is done to keep seam line from showing on the right side.

Step 13: Turn pocket section (the small piece) so it faces right side of large piece. Press bottom edge of apron so that the seam does not show on the right side. Be sure to replace crease lines. You might place a pin a fold lines where creases meet to form 4 pockets.

Step 14: Stitch on selvages and every crease line to form pockets. See diagram. Stitch from the bottom up. At top of pockets, pivot apron and take one or two stitches across top of pocket, pivot again and do another stitching the depth of hem. This is to reinforce or strengthen top of pockets. Back tack to fasten threads at beginning and end of stitching. Press apron.



Step 15: Make a 1" draw string from the leftover 6-8" of apron fabric. Cut two fabric strips that are 2" wide and 45" long. Sew strips together. (Your finished drawstring should be about 60" long) Fold in half lengthwise with right sides together. Sew a 1/2" seam on one short edge and the long edge. Turn inside out and top stitch. Thread the drawstring through the casing.

Step 16: Try on your apron. Gather the apron along the drawstring to the size you want. Pin drawstring in place on both sides. Stitch drawstring in place. Cut ends of drawstring to desired length. Finish edges.